

Summer 2018 Newsletter

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Ready for a rewarding challenge?

Life is better when it's a shared experience. We have many amazing people in our residential treatment program that are willing to have someone share life with them. We are actively looking for mentors who are willing to invest some time and energy into an individual. Mentoring allows you to make a lasting investment into someone else. The benefits from being a mentor include personal growth, opportunities to learn, and the intrinsic reward of knowing you are making a difference.

"Tell me and I forget, teach me and I may remember, involve me and I learn." — Benjamin Franklin

A mentor is someone who allows you to see the hope inside yourself. — Oprah Winfrey

If you share our faith-based values and would like to find out more about mentoring register for our Mentor Training session on that is coming up on Wednesday, Aug 15, from 6:00 – 9:00 in the evening. We are excited to have Jesika Lefebvre from Edmonton share about mentoring. She will give some very practical tools and insights that will help your confidence and ensure the mentoring experience is positive for both. Please call Rita at 780 533 3025 to get more information and to register for this event.

Mel Siggelkow Director

Rising Above Park Campus Location: 11007 106th St., Grande Prairie AB., T8V 2Z3

Phone: 780-533-3025 Office Hours: 9:00-5:00 Monday to Friday Website: www.risingabovegp.com

TESTIMONIALS

A gentleman came into the program with the pain of his mother dying when he was 2 years old. He felt like there was a hole in his heart and the deep pain of aloneness occurred especially when his father left for work. This little boy was very upset when his dad brought another woman home. The woman was caring but this little boy did not want her, he wanted his own mom. In inner healing this gentleman realized that he never was alone for God had been with him the whole time and this woman was actually taking care of him in love. He now knows that God is always with him and he talks to God every day now in friendship. God has always been with him and will always be right beside him!

A gentleman in the program felt like he was not going to amount to anything, he felt stupid and fat. A memory of when he was young kept taunting him telling him that he had a hopeless character defect. When in the memory and asking Jesus what He wanted to tell him, this gentleman started smiling, then laughing. God told him that the little boy was clay that He, God, was molding him. The boy's heart was/is flexible and forming in Gods hands so let the lie go because there is nothing legit holding him back. 'Let's go' was Jesus' words. It was delightful!

A past participant who in now living in another city has been doing very well since our program. This lady is now working for special needs people and very fulfilled in her role. This participant who struggled with alcohol for years has been sober for well over a year now and recently was asked to be a guest speaker for a fundraiser regarding addiction awareness. She said they raised lots of money and that "Life is good".

A young man came into the program because there was no other option for him besides Rotary house. He grew up in a Roman Catholic home but at age 12 the partying began in his home resulting in the abandonment of his belief in God. When he and his friend entered a haunted house, he was plagued by demons. He went to see a priest who prayed for him and the demonic activities subsided but his anxiety began. He played in a band and started touring but his anxiety kept increasing in severity causing him to drop out of the band leading to deep depression and drinking. When he came into the program of RA, he hated the first 2 months but things have changed. Over time his anxiety is decreasing and he is starting to compose songs and play his guitar again. Healing is happening.

Jackie's Baptism





Jackie is so grateful to Rising Above and she thanks all RA supporters who believe in our work and allow us to help Jackie and others find hope, healing and life again.

Thank You!

Needs At Rising Above

We are in need of a few items here at Rising Above, please prayerfully consider if you are able to help:

- Bath Towels
- Facecloths
- Personal Hygiene Products
- Pillows

Thank you!

Date to mark down!! Share-a-thon

Annual Rising Above Radio Share-a-thon on 96.3 Reach FM When: Wednesday September 26 Time: 6:00 am—6:00 pm

Phone: 780-533-3025

Call in to place a donation, a pledge, a challenge <u>OR</u> Come into the Park Campus in person 11007 106th Street, Gr. Prairie

BBQ Lunch from 11:00—1:30 at the Park Campus by donation



Getting Out There With Rising Above!

Thank you to our Business Partners, Supporters & Amazing Volunteers

KMS Tools BBQ and Gr. Prairie Alliance Church Show 'n Shine



















Canada Day Parade

This year is flying by. I can't believe its already almost August as I sit here writing this article. Many exciting things are happening here at Rising Above. We have increased our staff by adding a Development & Marketing Manger, Jane Wheeler and an Employment Coach & Development person, Cary Connors. Welcome to Rising Above!

Adding these two positions is key for us to move forward with plans at Rising Above. At our Annual Banquet last fall, we announced that we are pursuing a second stage housing project. This will allow us to further provide support to participants after they leave the program in the form of longer term housing and supports. If your interested in this project contact the office and we will put you in touch with Dan Rigler who is leading this project.

Job readiness is one of the key areas that participants need help in. Many of them have not been able to find employment because of past problems, and some have not received the skills to make a resume. Our Job readiness class teaches the value of a good resume, interviewing skills, what job they are passionate about based on their skills, references, and job search tools and how to use them. We also bring in managers and Human resources reps from the community to do what we call a mock interview day. These professionals interview the participants and then give them feedback on how they did during the interview process, what they like about their presentation, how well they answered the questions and why or why not they would have hired them based on the interview. We also bring in a Human resources rep that is versed in current hiring laws, and do a question and answer session on what can be asked during an interview and privacy laws that can affect them being hired or not, and what type of information to share with a future employer.

If you are at all interested in our Job readiness program by either supporting the class by interviewing, or helping with it in anyway, or if you would like to become an employer partner, helping to give our participants a starting foothold in the job market, please feel free to contact Cary Connors at the office and she will be happy to speak with you.

God Bless you all and Thank you.

Bill Schmidt, Case Manager

Did You Know?

In the first 6 months of 2018 Rising Above averaged 178 Inner Healing Appointments per month In May, June & July over half of our appointments for Inner Healing were for people from the Community

RISING ABOVE IS MAKING A DIFFERENCE IN THE PEACE COUNTRY!

Board's Eye View

With just over a year in our newly renovated Park Campus, we are constantly grateful for our amazing facility and houses loaned to us rent free. Our men and women have settled into their doubled residential spaces and we are thankful that most of the beds have been full most of the time. It is a good feeling to not have to turn many people away eager for recovery.

All the women in our residential program are housed in individual homes scattered across the city. Due to its age and need for costly renovations, one of the homes has recently become unavailable. The Board considers it a high priority to replace that home as soon as possible. Though our coffers were drained early last year with the debt free completion of the Park Campus renovations, the Board is amazed at the statement our bank account made by your continued generosity. We have enough to realize it is possible, if you continue your extravagant partnership with us, that Rising Above may be able to purchase its first residential house for women. Yes friends, we are inviting you to display your generosity again for which you are becoming famous and help us purchase a home. Would it not be amazing if we could also scale this mountain debt free? Due to the immediate need, we have begun sniffing for a suitable home with multiple bedrooms in the area, preferably within walking distance of Park Campus. Feel free to contribute immediately.

Atop the hill, we spread our arms, inhaling the massive green space wrapped around Park Campus. It shouts with potential. We would love to see commercial quality outdoor furniture such as benches, picnic tables and planter boxes so our participants can take full advantage of the greenery. The space begs for flower and vegetable gardens which they could nurture. An expanded parking lot is also a need.

Rising Above continues to be an exciting, thriving ministry and you are an important key to our success. Come join us in this next endeavour.

Warmly,

Ria Millwater - Board Chair

Rising Above Ministry Welcomes:



Cary Connors has been connected to Rising Above for the past several years with her work at Reach FM. She has now crossed over to have a more active role as our Employment Coach and Development Coordinator. She will lend her experience in Employment Readiness and her years in ministry to equip and prepare the participants to prepare for, obtain and maintain meaningful employment while they walk the road of recovery and freedom. She will be instrumental in securing funding through grant development.

Cary has been in ministry for many years both here in GP and in Nova Scotia. She is the Director of the Peace Area Crusade Association and leader of Revolution Cry. These are City-wide and Regional ministries that are focused on uniting and mobilizing the Body of Christ to reach our City and Region with the love and transforming power of God through prayer and worship.



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